

On-Site Activities

FITNESS CENTER

- Volleyball (Indoor and Outdoor)
- Full Size Indoor Basketball Court
- 2 Racquetball Courts
- 75-Foot Half-Olympic Indoor Pool
- Wally ball (volleyball played in a racquetball court)
- 2 Outdoor Tennis Courts
- Jogging/Walking Trails

LAWN GAMES (BASED ON WEATHER)

- Lawn Bocce
- Frisbee
- Horseshoes
- Wiffleball

EXERCISE ROOM

- Treadmills
- Stationary Bicycles
- Elliptical machines
- Free weights
- Weight Machines
- Sauna
- In-room massage upon request

What's Nearby

POINTS OF INTEREST

- Lockwood-Matthews Mansion
lockwoodmatthewsmansion.com/
- The Norwalk Museum
www.norwalkct.org/norwalkmuseum/index.htm
- Maritime Aquarium
maritimeaquarium.org/
- Norwalk Coastal Access Facilities
www.lisrc.uconn.edu/coastalaccess/searchtown.asp?townno=103&s=2
- Stamford Palace Theatre
www.stamfordcenterforthearts.org/home.cfm
- Stamford Museum and Nature Center - Stamford, CT
www.stamfordmuseum.org/
- Bruce Museum of Arts and Science - Greenwich, CT
www.brucemuseum.org/
- The Arena at Harbor Yard - Bridgeport, CT
www.arenaatharboryard.com/?p=tickets
- CT Beardsley Zoo - Bridgeport, CT
beardsleyzoo.org/

OTHER NEARBY ACTIVITIES

- Muse Paint Bar, South Norwalk, CT
<http://www.musepaintbar.com/lander/norwalk>
- Oak Hills Public Course (5 minutes from Dolce)
Reservations can be made on-line at www.oakhillgc.com
or call the automated telephone system at 203-604-1273
- Bowlmor – Bowling lanes and laser tag, Norwalk, CT
Fun for all ages - www.bowlmor.com/norwalk
- Soul Synergy Holistic Wellness Center
www.soulsynergy.org